

## Non Negotiable Rules For Everyone

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- Drug use and experimenting inside or outside of the home of any kind will not be tolerated in your family
- Parent/teen will meet periodically to discuss issues such as, drug education, peer pressure, daily ups and downs
- Open communication at all times
- Drug Testing is part of a drug free home policy
- There are going to be clear consequences for breaking those rules. (example of reasonable punishments include: Restrict television or Internet use, suspend outside social activities, Disallow telephone calls..etc, please decide on specific acts and include in the agreement)

## Parent's Responsibility

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- I will be there for my teen when he/she needs to get out of a bad situation: I will be the scapegoat: 'I can't do that, my parents would kill me!' Or be the parent who will pick up your teen without repercussions if he finds the party he's gone too has drugs available or her date has been drinking.
- I will get to know my teen's friends and their parents on a first name basis
- I will keep connected in the after school hours
- I will get my teen involved in extra-curricular activities
- I will ask questions when my teen makes plans to go out
- I will be a role model
- I will connect with my teen by doing things together as a family
- I will unite my family against drugs using strong family beliefs

## Teen's responsibility

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- I will not consume alcohol or drugs at any time
- I will always keep an open communication with my parent
- I will discuss issues such as peer pressure, daily ups and downs, and drugs
- I will get educated on drugs and their harmful effects

## Signatures

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Teen: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_